

ANNUAL *report*



KAZAKHSTAN NATIONAL ANTI-DOPING CENTRE
2019

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Last year, our welcome began by reflecting on how busy the year has been for anti-doping. It's fair to say that the past 12 months have been equally entertaining.

Plethora of time and effort has been devoted to the implementation of the New World Anti-Doping Code, which will enter into force in 2020. The team also worked on testing and education programs in preparation for Tokyo 2020.

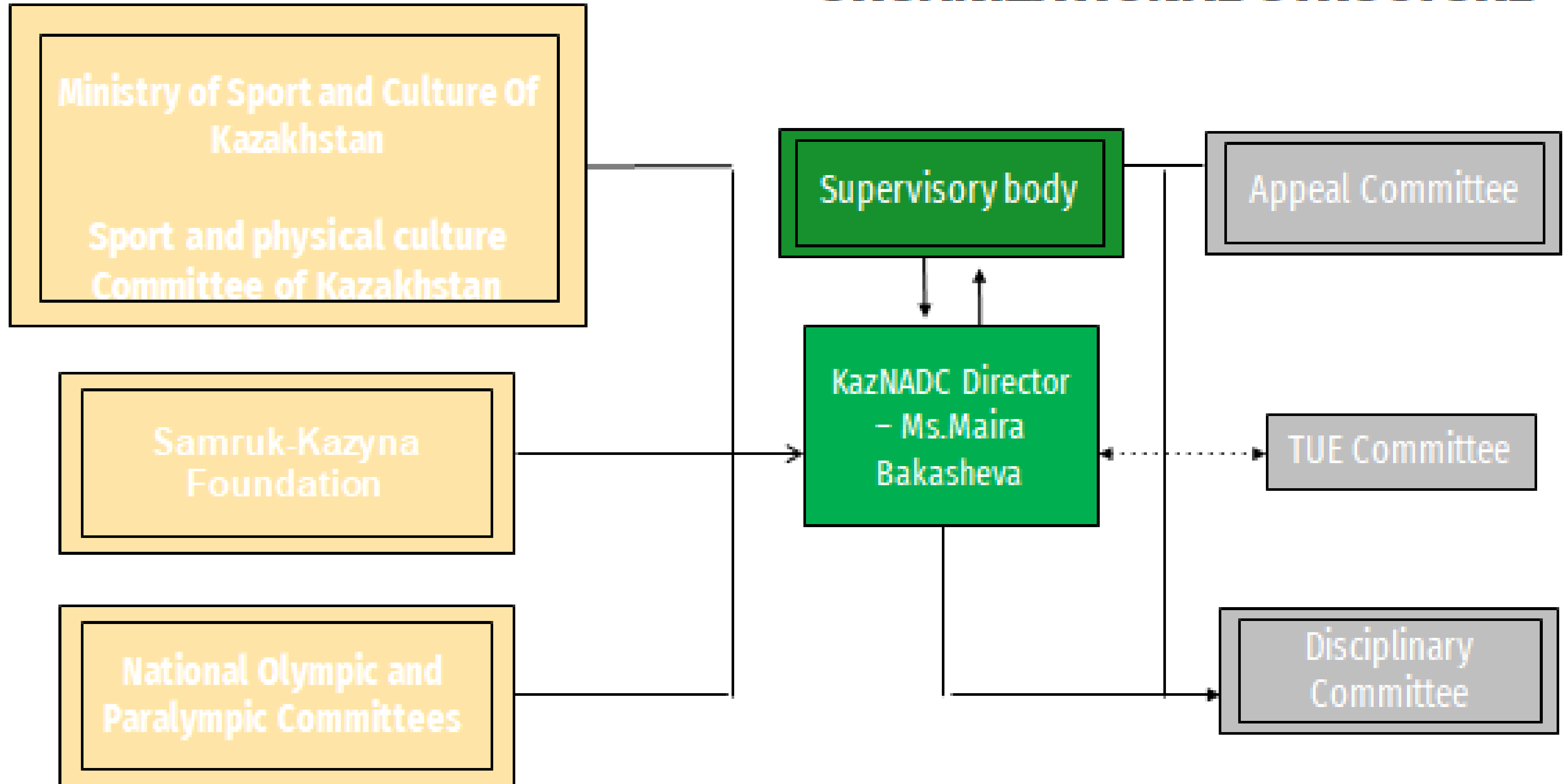
The number of international sporting events requiring the attention of the anti-doping service of Kazakhstan has significantly increased.

We hope that the report for 2019 will be informative and will allow you to get an idea of the work done by KazNADC Team,

The fight for clean sport continues!

With respect,
Ms.Maira Bakasheva
Director / Kazakshtan NADC

ORGANIZATIONAL STRUCTURE



TESTING PROGRAMME



TESTING PROGRAMME

Out-of-competition
samples

1489

818 urine samples
154 ABP blood samples
116 GH blood samples

1

In-competition
samples

720

706 urine samples
6 ABP blood samples
8 GH blood samples

2

ESA

581

Erythropoiesis
stimulating
agents

3

GH/GHRF

429

Growth Hormone

4

IRMS

19

Isotope ratio mass
spectrometry

5

**42 SPORTS
66 DISCIPLINES**

31

POSITIVE CASES

31

CASE DECISIONS AND SANCTIONS
CARRIED OUT

RESULT MANAGEMENT

2

DISQUALIFICATIONS WADA CODE ARTICLE 2.8
"ADMINISTRATION OR ATTEMPTED
ADMINISTRATION TO ANY ATHLETE OF ANY
PROHIBITED SUBSTANCE OR METHOD"

17

ANABOLIC AGENTS

5

DIURETICS AND
MASKING AGENTS

8

HORMONE AND
METABOLIC
MODULATORS

3

STIMULANTS

1

PEPTIDE HORMONES,
GROWTH FACTORS,
RELATED SUBSTANCES,
AND MIMETICS



ATHLETE BIOLOGICAL PASSPORT

1097

PROFILES ANALYZED

209

HEMATOLOGICAL PROFILES

19

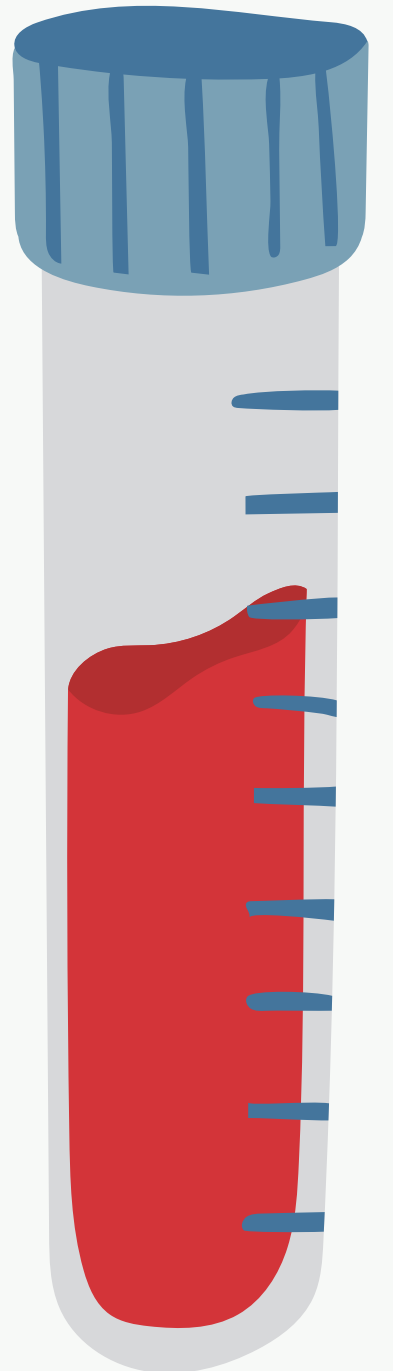
ATYPICAL HEMATOLOGICAL PROFILES

1967

STEROID PROFILES

531

ATYPICAL STEROID PROFILES



THERAUPETIC USE EXEMPTION (TUE)

GENERAL PROCESS OF TUE APPLICATION



**7 REQUESTS FOR THERAPEUTIC USE
OF PROHIBITED SUBSTANCES AND
METHODS ARE REGISTERED AND
PROCESSED.**

**5 CERTIFICATES FOR THERAUPETIC
USE EXEMPTION ARE ISSUED.**

EDUCATION

Educational event
for young athletes
at the basketball camp iBC,
august 2019



EDUCATION

In 2019 **172 seminars and lectures** were conducted,
4810 people participated.

For athletes and coaches	4424 participants
For sport doctors	170 participants
For psychologist, methodists, federation staff	216 participants



6 Outreach programmes were held at the following events:

- 28 Track and field Memorial named after G. Kosanov , July, Almaty;
- World Para Powerlifting Championship, July, Nur-Sultan;
- 5th Summer Weightlifting Games, August, Taldykorgan;
- **World Wrestling Championship, September, Nur-Sultan;**
- **Judo World Championship among cadets, September, Almaty;**
- **Asian Powerlifting Championship, December, Almaty.**





Outreach program and lectures at the Asian Powerlifting Championships, December 2019

EDUCATION





In 2019, work continued on the introduction of e-education into the KazNADC anti-doping educational system. In total, 1,500 educational online sessions were held.



KAZNADC WORKFORCE

KazNADC employees took part in the organization and work of the doping control service at the "Children of Asia 2019" competition, Sakhalin Island, Russia



Doping control service specialists performed work at both national and international competitions, such as:

1. International athletics competition for the prizes of the Olympic champion O. Rypakova (January 2019, Ust-Kamenogorsk)
2. FIDE World Chess Championship (March 2019)
3. IHF Ice Hockey World Championship (April 2019)
4. ITU Triathlon Asian Cup (May 2019)
5. Nur-Sultan ITU World Cup (June 2019)
6. World Para Powerlifting Championship (July 2019)
7. World Wrestling Championship (September 2019)
8. World U18 Judo Championships (September 2019)
9. World Kyokushin Karate Championships (December 2019) and others.

A set of events was held before the Winter Youth
The Olympic Games in Lausanne, the preparation and implementation of
an anti-doping action plan for the Olympic Games in Tokyo 2020 has begun.



**8 specialists from KazNADC took part in organizing
the work of the doping control service at the
European Games 2019
July, Minsk, Belarus**

COOPERATION





Within the framework of the Memorandum of Cooperation with the National Anti-Doping Agency of Germany, a round table was held in Almaty in October, in which the Director of the National Anti-Doping Agency of Germany Andrea Gotzmann, Head of the Education of National Anti-Doping Agency of Germany Thomas Berhof, Director of the Anti-Doping Laboratory in Dresden Detlef Thieme took part.



The head of the Department of Education of the National Anti-Doping Agency of Germany, Thomas Berhof, attended an anti-doping lecture at the Kazakh Academy of Sports and Tourism.



Participation of the Kazakhstani working group at the 5th World Anti-Doping Conference in Katowice, Poland

COOPERATION



Cooperation RADOCA and KAZNADC



Outreach program at the World
Judo Championship among
juniors,
september 2019

COOPERATION

In May 2019, a memorandum of cooperation was signed between the Kazakhstan Football Federation, the Professional Football League of Kazakhstan and the National Anti-Doping Centre of Kazakhstan.

The purpose of the cooperation is to educate and strengthen the anti-doping literacy of the local football community.





In November 2019, during the plenary session of the Senate of the Parliament of the Republic of Kazakhstan, a law was adopted that toughens the punishment for the use and distribution of doping.

The new law provides for a number of tough measures, including administrative liability for anti-doping rule violations.

The penalty is 200 MCI *.

* 1 MCI in 2019 - 2,525 tenge.

QAZ

АДАЛ СПОРТ СЕНЕН БАСТАЛАДЫ

NADO

Sport	Out-of-competition		In-competition		Total
	Urine	Blood	Urine	Blood	
Alpine skiing	1				1
Aquatics	13	6	46		65
Archery	3				3
Arm-wrestling	6		66		72
Athletics	117	33	93		243
Bandy	1				1
Basketball	3				3
Biathlon	82	12	30		124
Boxing	104		4		108
Canoe/kayak	102	8	48	8	166
Cycling	97	56	67	4	224
Fencing	7				7
Gymnastics	54				54
Ice hockey	3				3
Judo	70				70
Karate	31				31
Kettlebell lifting	1		22		23
Modern pentathlon	2				2
Mogul Freestyle	5				5
Muaythai	9				9
Nordic combined	8	5			13
Para athletics	1		3		4
Para biathlon	3	3			6
Para powerlifting	31		3		34
Para skiing/cross country	9	5			14
Para swimming	16	13			29
Para table tennis	12				12
Powerlifting	3		6		9
Rowing	31	4	10	2	47
Sambo	3				3
Shooting	14		24		38
Short-track	18	4			22
Ski jumping	4				4
Skiing / Cross-country	60	12	29		101
Speed skating	32	7			39
Table tennis	12				12
Taekwondo	32		16		48
Traditional wrestling			6		6
Triathlon	4	3			7
Water polo	4				4
Weightlifting	208		121		329

Wrestling	102	109	211
MMA		3	3

Review of KazNADC Result Management, 2019

No	Sport	Sample type	Sample collection date	Substance	Sanction period
1	Biathlon	In-competition	26.12.2018	Meldonium	25.01.2019-25.01.2023
2	Canoe/kayak	Out-of-competition	09.01.2019	Oralturinabol	14.02.2019-14.02.2023
3	Women's freestyle	In-competition	08.02.2019	Meldonium	11.03.2019-11.03.2023
4	MMA	In-competition	16.02.2019	Meldonium	11.03.2019-11.03.2023
5	Gymnastics acrobatics	Out-of-competition	01.03.2019	Furosemide	12.06.2019-12.06.2021
6	Weightlifting	In-competition	27.02.2019	Testosterone	17.04.2019-17.04.2021
7	Weightlifting	In-competition	29.03.2019	метенолон	02.05.2019-02.05.2023
8	Powerlifting	Out-of-competition	07.04.2019	Oralturinabol	17.05.2019-17.05.2023
9	Weightlifting	In-competition	27.03.2019	Testosterone	17.05.2019-17.05.2021

10	Weightlifting	In-competition	27.03.2019	Testosterone	17.05.2019-17.05.2021
11	Weightlifting	In-competition	29.03.2019	Testosterone	17.04.2019-17.04.2021
12	Arm-wrestling	In-competition	04.05.2019	Furosemide	30.05.2019-30.05.2023
13	Arm-wrestling	In-competition	04.05.2019	Furosemide	30.05.2019-30.05.2023
14	Arm-wrestling	In-competition	04.05.2019	Stanozolol	30.05.2019-30.05.2023
15	Arm-wrestling	In-competition	04.05.2019	Furosemide	30.05.2019-30.05.2023
16	Arm-wrestling	In-competition	04.05.1999	Oralturinabol	30.05.2019-30.05.2023
17	Weightlifting	In-competition	30.03.2019	Testosterone	07.06.2019-07.06.2021
18	Arm-wrestling	In-competition	04.05.2019	Sibutramine	07.06.2019-07.06.2021
19	Weightlifting	In-competition	29.03.2019	Testosterone	07.06.2019-07.06.2021

20	Kettlebell lifting	In-competition	19.05.2019	Boldenone, Tamoxifen, Meldonium, Methylgexanami ne	21.06.2019-21.06.2023
21	Kettlebell lifting	In-competition	18.05.2019	Meldonium	21.06.2019-21.06.2023
22	Kettlebell lifting	In-competition	18.05.2019	Meldonium	21.06.2019-21.06.2023
23	Traditional wrestling	Out-of-competition	13.05.2019	Boldenone, Methandieno ne	21.06.2019-21.06.2023
24	Athletics	In-competition	24.05.2019	Methandienone	02.07.2019-02.07.2023
25	Aquatics	In-competition	07.06.2019	Furosemide	петро ТИ
26	Sambo	Out-of-competition	01.08.2019	Drostanolone	02.09.2019-02.09.2023
27	Weightlifting	In-competition	04.08.2019	Clomifen	17.09.2019-17.09.2021
28	Weightlifting	In-competition	07.08.2019	Oralturinabol	17.09.2019-17.09.2023
29	Sambo	Out-of-competition	10.08.2019	Drostanolone	02.09.2019-02.09.2023

30	Traditional wrestling	In-competition	02.12.2019	Methylgexanamine	23.12.2019-22.12.2021
31	Weightlifting, coach	WADA Code Art.2.8 "administration or attempted administration to any athlete of any prohibited substance or method"			22.11.2019-22.11.2023
32	Weightlifting, coach	WADA Code Art.2.8 "administration or attempted administration to any athlete of any prohibited substance or method"			22.11.2019-22.11.2023
33	Mountain bike	Out-of-competition	28.08.2019	EPO	23.12.2019-23.12.2023